

# RMR Women in Leadership



**RMR Women in  
Leadership Program**

# Shifting your perspective of yourself

**Role, action or project outside of my comfort zone**

Example:  
Asking for a meeting with a more senior leader to get their perspective on a project you are working on

**Assumptions underlying the resistance**

Example:  
They are not interested in talking with me. I am not good enough.

**Reframes**

Example:  
I show good leadership because it shows I am curious and open for feedback and learning.

**Action steps to shift my perspective of others**

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## What risk will you take?

**What is a risky but small first step?**

**How can you prepare?**

**How can you test the waters and fail fast?**


**What kind of support do you need?**




## My Key Learning & Insights

Understanding Gender Biases 



Quantify Your Value | Self Promotion 





Negotiation & Direct Speak 





Executive Presence 



Integrate Work & Life 



Strategic Shift towards Leadership 





## Final Thoughts

I am proud of .....

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Moving forward I am committed to .....

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**Congratulations!**

