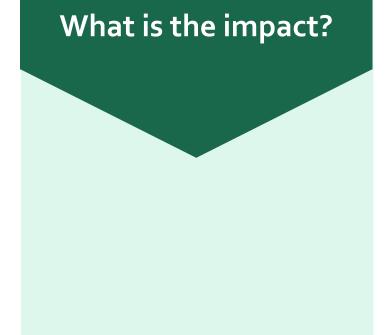
# **Assumptions About Self Promotion**

Why? What are my assumptions?



How can I REFRAME my assumptions?

# Reframing is Empowering

#### **Assumptions**

- Expected to sacrifice, volunteer, be patient and dutiful
- Should be grateful for any compensation
- Bragging is "selfish"

#### **REFRAME**

- Making money is good
- I deserve interesting work for fair compensation
- Self-promotion is essential and my responsibility

# The Art of Self-Promotion

## Remove **Unconscious** Bias

Adding value AND being rewarded fairly

## Know Your Value

This is how I contribute and how I can help

#### **Promote** Your Value

Often, in small steps instead of large negotiations

## Let's Talk Value...

# ...Quantify Your Impact

My company ....

1

#### Does ...

How do I contribute to this?

2

#### Earns ...

How do I increase company income?



#### Spends ...

How do I decrease costs?

4

#### My Value

Is my value less or more than what I earn?

5

#### **ROI for Company**

What is the return on the company's investment?

# My Strategic Value Statement

I do			
	(this)		
for			
	(whom)		
it provides			value,
•	(this)		
And here are my results			•
_		(impact)	

## The Art of Self-Promotion

## Remove Unconscious Bias

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## Know Your Value

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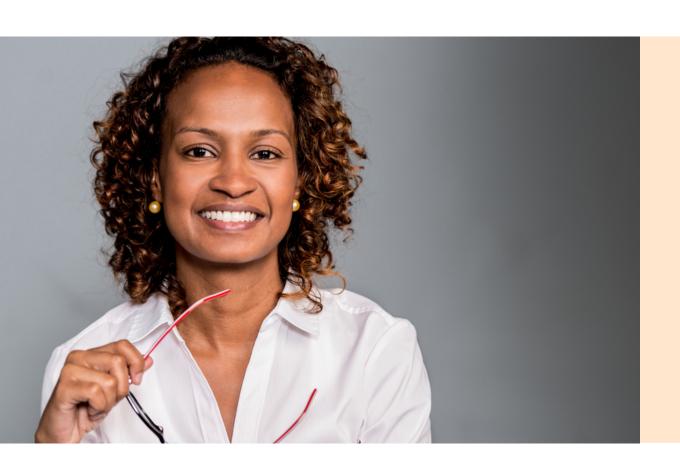
#### Promote Your Value

Often, in small steps instead of large negotiations

# **Case Examples**



# Case Example: A Better Way



- Prepares
- Summarizes results
- Highlight team success
- States her wants/needs
- How can I help?

## The Difference is Subtle



- Show others how what you are working on adds value to what they are working on
- Offer to help make others successful in their exciting projects
- Tell everyone what value you and your team added
- Ask for support / compensation
- Ask for feedback proactively
- Accept feedback willingly



- Show others what great projects you are working on
- Takeover exciting projects from others so you can take credit
- Tell everyone what you and your team worked on
- Ask for money
- Avoid asking for feedback
- React negatively to feedback

# **Self Promotion Best Practices**

Invest in the Process

Meet regularly with your boss.

Prepare.

Share RESULTS, Not Tasks

Show how your contribution impacts the organization.

**Promote Others** 

Give credit to your team. Show you can leverage the efforts of others.

**Accept Congratulations** 

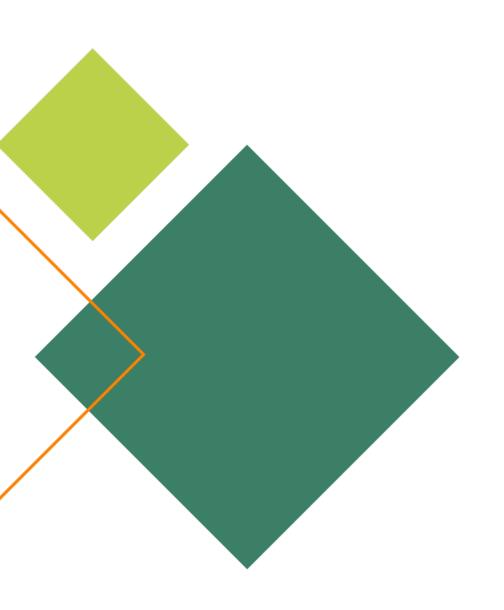
Don't minimize your achievements.

Remind your boss to compensate you fairly.

**Drive Collective Good** 

Avoid focus on individual ambition. It's okay to talk about what you'd like career wise.





# Power Skill #2

Recognizing and Sharing Your Value

# **Self Promotion - Action Planning**

Promoting your value

How it will help me achieve my goal:

What do I need to do?	Target date or check in	How can I measure success in this encounter?
1.		
2.		
3.		
4.		
5.		
6.		
7.		



We are what we repeatedly do.

Excellence is, therefore, not an act but a habit."

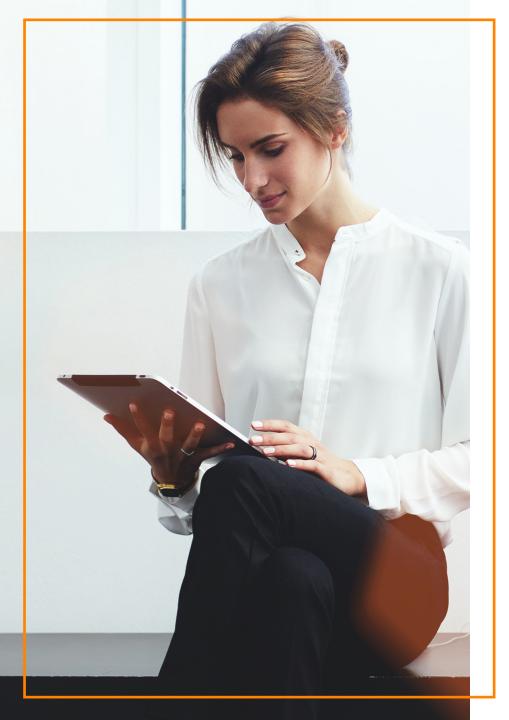
Aristotle



# Intersession Homework: Practice and Reflect



- 1. Define your value
- 2. Promote your value: have your conversation
- 3. Self promotion action planning
- 4. Reflect on what you've learned and practiced
- 5. Check in with accountability partner



# **Coming in Action**

What are you taking away?

What are you going to try and do differently next month?

# The RMR Group Accelerated Women in Leadership Program

Session 2: Quantifying Your Value: Self Promotion

Ank Stuyfzand





