



# Women & Leadership: Risk-Taking to Supercharge Growth

Women struggle with risk-taking, often preferring to keep themselves small rather than fail. They undercapitalize, under-resource, and avoid high-visibility projects or roles. When they fail, women often ruminate or over-attribute root causes, rather than learning from the failure and moving forward. There are often greater social penalties for women who fail, which reinforces the problem. This “stay safe” approach can limit an organization’s growth and potential.

## Workshop Description

In this course, participants learn the psychology behind risk taking and how to embrace risk as the means for growth and development. They learn why we like our “comfort zone” and how to move beyond it. Participants practice removing barriers to risk, evaluating opportunities through a new lens, and how to maximize the benefits of failure.

## Workshop Impact

Participants will achieve the following learning objectives:

- Understand the reasons many women are risk-averse and how that manifests itself in the workplace
- Embrace the benefits of taking risks in the workplace
- Develop strategies for getting out of comfort zone to take more risks
- Evaluate opportunities more effectively
- Learn how to manage failure

## WORKSHOP FORMAT

<b>Attendee:</b>	Early- to mid-career women
<b>Duration:</b>	90 minutes
<b>Format:</b>	In-person (or virtual); 40-50 attendees
<b>Materials:</b>	Risk Self-Assessment, Worksheets
<b>Optional Follow up:</b>	Small Group Accountability Meetings, Webinars, Coaching

## About Orange Grove Consulting

Orange Grove Consulting specializes in research-based women’s leadership training and organizational change that improves recruitment, retention and promotion of women across an organization. We address limiting aspects of the current talent pipeline with a focus on addressing the unconscious biases women have about themselves. Our end goal is to create more innovative and productive workplaces.

Our suite of Women’s Leadership Master Classes uniquely addresses the underlying assumptions of what it means to be a high potential woman. We help develop more confident leaders and key influencers. Women emerge from these courses with a clearer vision of career success and a new set of advanced leadership skills to help them accomplish their goals.

## For More Information

For more information or to book a workshop, please contact Celina Guerrero, Director of Business Development at [celina@orangegroveconsulting.com](mailto:celina@orangegroveconsulting.com) or visit [www.orangegroveconsulting.com](http://www.orangegroveconsulting.com).